

## The Vocations Cross

### Some ideas on how to use this cross

Thank you for welcoming this cross into your home!

Treat it like an old friend. Be comfortable with it.

Put the cross in a place of honour in your home, somewhere where you will see it every day. You might think about putting it in the place where you usually pray, or perhaps the family room, or in the kitchen . . . wherever good conversations happen!

Think about how to integrate the cross with how you pray. You might want to light a prayer candle near the cross during your prayer with it. Perhaps you would like to pray with the cross each morning or each evening while it is with you. Perhaps you would like to host friends or family at some point during the week for a prayer session. Part of your prayer might include sharing good memories of different people who touched your life as they lived their vocations. If there are children present, ask them: How do they know that God loves them? How do they listen to God in their hearts?

There are some prayers included in this kit that you might find useful.

There is no right or wrong way to pray with this cross. Pray with it in the way that feels right for you. If you're stumped, you might want to pray the Our Father, a decade of the rosary, or use the sample prayer service or one of the cards included in this kit. Some people pray best with nature. If this sounds like you, then you might want to include a walk in your prayer time.

You might want to end your time with the cross by thanking God for the blessings in your life.

Before you return the cross, you might say a prayer for the families and individuals who will receive it after you.