

RETURNING TO SPIRIT- RESIDENTIAL SCHOOL RECONCILIATION INC

Presents

RETURNING TO SPIRIT: RESIDENTIAL SCHOOL RECONCILIATION PROGRAM



**An Experiential Workshop On
Re-awakening Your Spirit for Living**

The Discoveries of the Workshop

Promises of the Returning to Spirit Workshop

Discover what
needs to be
reconciled
in your Life



Experiences and events have shaped us to become who we are today. Often we blame ourselves, others or life for the way things are, or the way things have turned out. Blaming keeps us stuck. It keeps us from reconciling with ourselves, with others and with the world around us.

Discover how
to empower
yourself to
Reconcile
yourself with
others and
with the world
around you



Personal power is a way of being that is natural to who we are. We have become so busy coping and surviving life, however, that we have forgotten how to live life powerfully. We have forgotten how to live from the depths of our spirit rather than living from the negative events in our past. Living with personal power allows you to reconcile yourself with you, your family, your community and the world around you.

Discover how
to Empower
Yourself for
Reconciliation
in All Areas of
Your Life



When we experience what it means to be empowered, then a whole world of possibilities will open up for us with our family, our career, our community and our culture. We will discover how to create personal power consistently for ourselves and others. It will rekindle our profound connection to life and the possible roles we may choose to have in it. It will deepen our sense of respect for life and our love for it, manifested in a greater sense of happiness, self-expression, vitality and health.

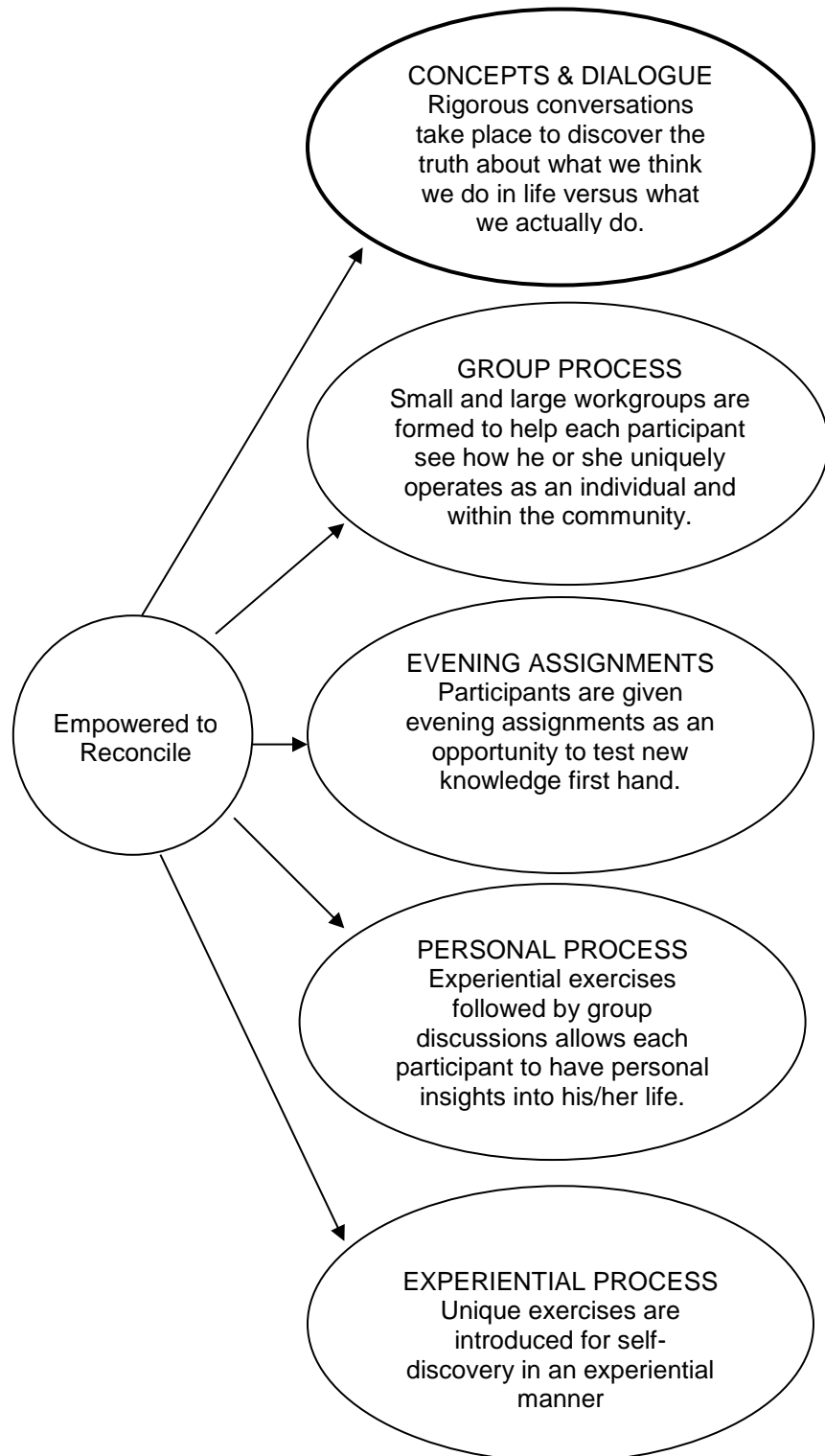
The Fundamentals Of Reconciliation

A Step Beyond Healing

- ◆ This workshop is based on the belief that Aboriginals and non-Aboriginals can only move forward together if they reconcile regarding the legacy of Indian Residential Schools.
- ◆ The workshop is based on the belief that the way for each of us to move forward in life is to reconcile with ourselves, with our families, our communities, our co-workers and the world at large.
- ◆ The workshop is based on the belief that we all have within us the power to create new possibilities for our lives.
- ◆ The Returning to Spirit workshop provides a setting in which individuals can inquire into life without everyday routines getting in the way.
It is an opportunity to take the time to challenge the boundaries that we have set for ourselves and explore what it takes to break new ground.
- ◆ This is a rigorous inquiry into how we really live in relationship with ourselves, with others and with the world around at large. It is an inquiry into how we think, how we shape our identity, how we cope and survive; the way we succeed or fail and how we relate to ourselves, others and life.
- ◆ Based on the premise that we all have within us the power to create a powerful life, the program addresses the issues, beliefs and stumbling blocks that get in the way of that happening.
The program is designed to cause an experiential shift so that we can discover what is truly possible in order for the extraordinary to occur in our life.
- ◆ Personal power extends from who we are in life as individuals to our place in the community around us.
The workshop shifts our way of being from depending on the community to being the community. It moves us from being spectators to being players in life, in becoming responsible and powerful leaders.
- ◆ The program opens a new possibility of being able to go beyond the limitations of our past, to transcend those parts of our past that limit us.
Being powerful in life is being able to draw on our rich and positive history and use it to create a powerful future in the areas of life that mean the most to us. When we are in touch with our power and spiritual connection to life we are able to make a significant and exciting difference in the world around us.

What Happens In The Workshop

How Does It Work



What Does The Workshop Address

Shifting Into Responsibility for Reconciliation

- ✓ Responsibility for the legacy of Indian Residential Schools lies with each person. At the end of the day, each of us is left to deal with the legacy.
- ✓ Each of us is responsible for reconciliation between Aboriginals and non-Aboriginals... each of us must own it.
- ✓ Specific individual events and experiences have had an impact in your life.
- ✓ The "way of being" in life that may be limiting your true power.
- ✓ Interpretations of events and experiences.
- ✓ How you view the world and how the world views you.
- ✓ Coping and surviving mechanisms.
- ✓ Communication – what you hear and what you say.
- ✓ Where you are stuck and what keeps you stuck.
- ✓ The limitations we have placed on ourselves.
- ✓ Your life within your family, community, relationships, work and culture.
- ✓ Choices, opportunities and possibilities.
- ✓ Love, its meaning and expression.
- ✓ What causes breakdowns; how to cause breakthroughs.

The workshop inquires into how you really live as an individual, within the context of your relationships with family, community, co-workers and the world at large. It is an inquiry into your notions that have constructed, controlled and shaped your identity.

What Are the Results of the Workshop

Outcome of Participation

- ✓ Freedom from the past, which results in natural power, responsibility and reconciliation.
- ✓ Ability to enter into the process of reconciliation between Aboriginals and non-Aboriginals
- ✓ Personal healing through reconciliation.
- ✓ Ability to shape and direct life.
- ✓ Clarity about self-worth and the contributions we can make to others.
- ✓ Deeper sense of relationship with you, your family, your community and the world at large.
- ✓ Choices become simple acts.
- ✓ Increased effectiveness and productivity.
- ✓ Enhanced communication skills.
- ✓ Creativity and visions of accomplishment are made possible; what seems impossible becomes possible.
- ✓ Overall greater sense of happiness and appreciation for life.
- ✓ Moving beyond personal limitations to new levels of performance and ability.

When we discover how we as human beings disempower ourselves we experience the breakthrough of creation – what we are really capable of. This insight into our humanness causes a shift – from depending on or expecting that life should turn out a certain way for us, for others and for life, to actively being responsible for how it unfolds in the world. We become full-out players rather than critical spectators in the game of life.

Who Is The Workshop For

Who Could Participate

- ✓ Individuals who are open to entering the process of reconciliation regarding the Indian Residential School legacy
- ✓ Individuals who want to reconcile all areas of their life: with themselves, their families, their communities and the world at large.
- ✓ Individuals who want to make a difference in life in the areas of family, relationships, work and community.
- ✓ Leaders who want to go beyond managing the present and begin mapping the future.
- ✓ Elders who want to participate in sharing life-long knowledge and leadership.
- ✓ Individuals who are committed to leading life rather than waiting for things to happen for them.
- ✓ Individuals who desire to move beyond existing limits and constraints.
- ✓ Caregivers who are committed to assisting clients in attaining responsible and sustainable personal growth in life.
- ✓ Victims of any kind of abuse, such as the Indian Residential School Legacy, who want to deal with major issues from the past and move towards a healthy future.
- ✓ Community members who want to get “unstuck” in their personal life.
- ✓ Individuals who want to discover new possibilities for the future.

Who Delivers The Workshop

The trainers

Marc Pizandawatc is Co-Executive Director and founder of RTS. He is a coach, trainer and curriculum designer with over twenty years of experience.

He received his Masters Degree in Planning from the University of Calgary on "Linking Healing and Community Development in Aboriginal Communities." The main focus of his work is shifting individuals and communities from "Dependency to Responsibility" which is the basis of the RTS work.

The Returning to Spirit – Residential School Healing and Reconciliation Program is a combined result of extensive experience in training, working with Aboriginal people, and a commitment to shifting the current realities for Aboriginal communities. The RTS program offers reconciliation and transformation for Aboriginal and Non-Aboriginal communities. To date partnerships with these communities is creating possibilities and new conversations between all those involved.

RTS workshops are delivered across Canada by Certified Training Teams. All Teams are supervised by RTS Master Trainer, Marc Pizandawatc, providing leadership in training, supervising and coaching participants in the RTS Trainer Development Program.

Certified Training Teams ensure that the demand for RTS workshops can begin to be met in the coming years!

Who We Are

RTS – the Organization

Returning to Spirit Residential School, Inc. is a non-profit charitable organization that designs and delivers workshops and training programs for reconciliation within the context of residential school issues that have negatively impacted First Nations People, Religious communities and Canadian society in general. Our focus is on moving people forward through the principles of personal empowerment. This defines all our work, including coaching sessions and consulting, which are designed to support individuals, families, organizations and whole communities to move forward in life. Our work goes beyond healing. It provides **conditions for transformation and reconciliation** in personal, family, community, and organizational life.

RTS, the organization, is being developed to support RTS workshop delivery, development and training of workshop facilitators. This foundation is comprised of a Board of Directors of 8 members with roots in First Nations and Religious communities across Canada. The Board members are focused on building a solid foundation to support delivery and ultimate expansion of RTS delivery coast to coast. Further support and leadership is offered by Marc Pizandawac as Co-Executive Director of Training and Anne Taylor, MSW, RSW as Co-Executive Director of Administration. The “Trainer body” is the heart of our organization, comprised of a dedicated group of individuals from First Nations, Religious and Non-Aboriginal communities across this country, who have been certified and/or who are training to be certified to deliver RTS workshops. Our general membership is open to all community members who have been involved with RTS.

What Is Available

RTS – Residential School Reconciliation Program

It is a two part training program that involves both Aboriginal and non-Aboriginal communities.

Aboriginal Workshop: is a 5-day intensive workshop with Aboriginal people.

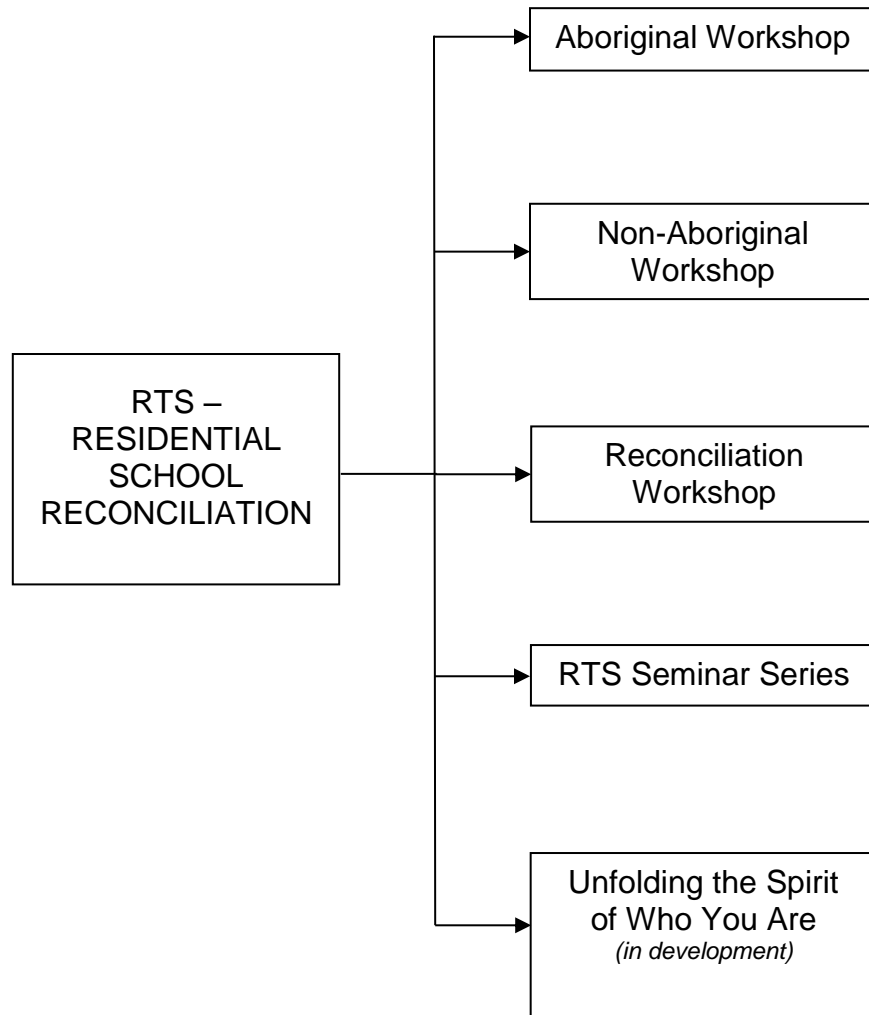
Non-Aboriginal Workshop: is a 5-day intensive workshop with non-Aboriginals (e.g. clergy, religious communities and non-Aboriginal individuals).

These 2 workshops are identical, but are completed separately.

Reconciliation Workshop:

A 5-day workshop for both groups, in which each group completes 2 days on communication in preparation for 3 days of coming together for reconciliation and completion.

In addition to the two part Reconciliation workshop series, RTS offers several other seminar or workshop experiences.



The Guarantee of the Workshop

What we offer

We realize that there are many training programs being offered all over the country. Some programs are very high quality and some are not. We also recognize that many communities are not directly familiar with the high quality of our RTS programs. To address both the issues of quality and recognition and to insure the risk to each community we guarantee our work.

How do we propose to do this?

- If your community or organization agrees to host the Returning to Spirit Workshop or any of our training programs and incurs the time and expense of setting it up, we will guarantee the results of the workshop.
- At the end of the workshop, if the participants feel they have received above average value for their full participation then we will accept payment.
- If we fail to provide above average value for the participants, we will accept the evaluation without discussion and not receive payment.

The “Returning to Spirit – Residential School Reconciliation program” requires a commitment from everyone involved – the community, the participants and the training team. We wish to make this guarantee from our commitment to having extraordinary results and in the spirit of trust amongst everyone involved.