

Grief and Bereavement

- **Grief Support Organizations Websites**

[click here](#)

- **Beginning Experience Winnipeg**

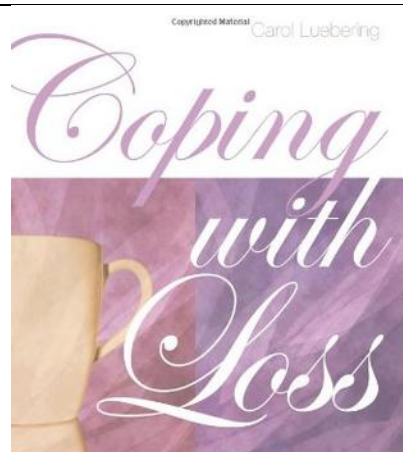
Beginning Experience is an international peer ministry for adults and children who are widowed, divorced or separated. The support programs offered through Beginning Experience invite resolution of the grief experienced with the loss of a spouse. They provide comfort and support, an opportunity to evaluate one's self and the loss and then a way to close the door gently on the past and move ahead with confidence and well-being. [click here](#)

- **Winnipeg/Manitoba Funeral Homes**

[click here](#)

Coping with Loss: Praying Your Way to Acceptance

by Carol Luebering



Carol Luebering offers sage advice for anyone suffering from the intense grief brought on by the loss of loved one. Although not a clinical expert, the author has been taught extensively at the "school of experience" and understands intimately the turbulent and often unpredictable nature and depths of grief. She offers practical and spiritual advice when we seek solace, peace and relief from the darkness that envelops us during the many stages of grief.

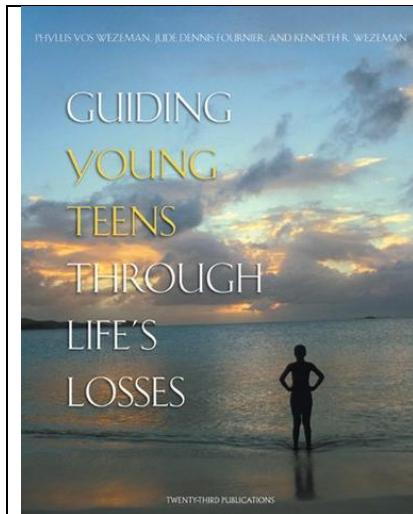
Publication date: 2009-01-07 ISBN: 9780867168471

To order the book:

<https://en.novalis.ca/products/coping-with-loss>

Guiding Young Teens Through Life's Losses

by Phyllis Vos Wezeman , Jude Dennis Fournier, Kenneth R Wezeman



This book is a welcome resource for all those who work with young teens. It covers topics like death, depression, alcoholism, and drugs. The insightful prayers and reinforcing activities will comfort and strengthen young teens as they try to understand and cope with their losses.

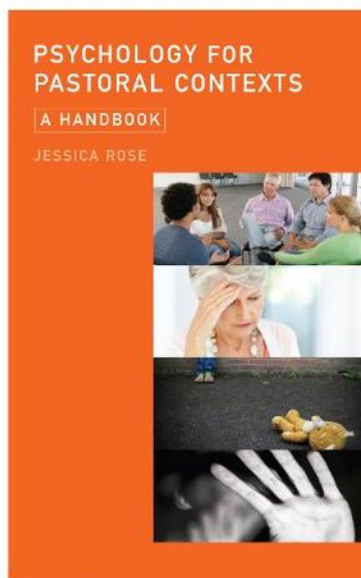
Publication date: 2003-07-01 ISBN: 9781585952717

To order the book:

<https://en.novalis.ca/products/guiding-young-teens-through-lifes-losses>

Psychology for Pastoral Contexts: A Handbook

by Jessica Rose



This clear and accessible book offers a fresh perspective on the application of psychology in a wide range of pastoral activity. It presents a model of pastoral care that is Eucharistic and incarnational – a form of participation in the community.

The book goes on to discuss the nature of the unconscious and three core areas in mental well-being: attachment, sexuality and loss. It then addresses specific issues in mental health such as depression, addiction, psychotic breakdown and eating disorder, all within the context of pastoral relationships. A final section explores the nature of betrayal and the meaning of forgiveness.

This is an informative and practical book, bringing together the insights of contemporary psychology with a theological understanding of pastoral contexts. The many illustrations from personal experiences ground the theory in real-life situations.

Publication date: 2013-04-26 ISBN: 9780334045526

To order the book:

<https://en.novalis.ca/products/psychology-for-pastoral-contexts>