

Formation & Training

- **Standing on Holy Ground: Certificate Course**

The course will be completed in 3 Saturday Retreats. It is comprised of 12 hours of interactive training, including the following topics:

- Spirituality of the Ministry of Presence.
- Identifying Spiritual Needs.
- Ethics: Matters of Power, Sexuality and Confidentiality.
- The Art of Listening and Interpersonal Communication. Inclusive language.
- Visitation: Older Adults; Persons with Visual, Hearing and Intellectual Disabilities.
- Visitation and Prayer.
- Death and Grief.
- Self-Care.
- Diocesan Protocol for the Protection of Children, Youth and Vulnerable Adults.

A certificate signed by Archbishop and presenter will be given to participants who completed all sessions.

Expected outcomes of the training: To provide safe and effective service, volunteers are expected to be reliable and mature individuals, able and willing to communicate with the team (in hospitals, personal care homes, L'Arche homes, etc.); able to effectively and non-judgmentally communicate with the families; be dependable; have excellent listening skills; understand non-verbal communication; be sensitive and aware of advantages and hazards of physical contact; be able to "meet people where they are"; have good understanding and respect to personal and institutional confidentiality.

Cost of the training: There is no fee requested for the training. Parish would normally provide lunch for the participants.

- **The Canadian Association for Parish Nursing Ministry**

Parish Nursing is a health ministry of faith communities which emphasizes the wholeness of body, mind and spirit. Rooted in the vision of Christ as Healer, this ministry grows out of the belief that all faith communities are places of health and healing and have a role in promoting wholeness through the integration of faith and health.

The Canadian Association for Parish Nursing Ministry (CAPNM) is committed to the development of parish nursing as a health and ministry resource within Canada.

For CAPNM resources (English and French) click here:

<http://www.capnm.ca/>

- **Compassionate Care Course**

The Compassionate Care Course is designed by Palliative Manitoba for anyone preparing to support and care for individuals that are living with a life-limiting illness and those who are grieving a loss.

It is offered twice yearly, in spring and fall. The course takes place one weekday evening for eight weeks and students are required to attend all classes in order to receive certification. Each week is a different topic and classes are lead by trained speakers that work in their field of specialty.

Course Outline:

1. Introduction to Hospice and Palliative Care History of palliative care, definitions of hospice and palliative care, and examine attitudes, beliefs and experiences around dying and death
2. Cross-Cultural Considerations in Palliative Care Breaking down prejudices and stereotypes within the palliative community.
3. Communication in Palliative Care Starting the conversation, tips and tricks and being aware of personal body language, including the use of silence.
4. Enhancing Quality of Life and End-of-Life Ethical Issues Activities that promote comfort, ethical principles, and advance care planning.
5. Loss, Grief, and Bereavement Exploring the concepts of loss, grief and bereavement; finding ways to support individuals and their families; and identifying healthy ways to express personal grief when working with families.
6. Spiritual Care of the Dying and Their Families Understanding spirituality and spiritual care.
7. Palliative Care from a Doctor's Perspective Session led by a Doctor from the Palliative Care Program from the Winnipeg Regional Health Authority
8. Self-Reflection & Closing Ceremony

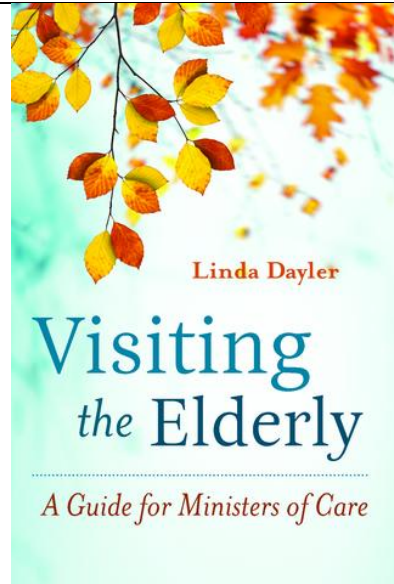
The course costs \$185.00 for those taking it for self interest or \$150.00 for staff/volunteers sponsored by other organizations.

**The course runs eight consecutive Wednesdays from 6:00 to 8:30 pm at Desjardins Funeral Chapel, 357 Des Meurons. Please contact Tiana to for more information or to register – 204-889-8525 ext. 228 or tpretula@palliativemanitoba.ca.
<http://palliativemanitoba.ca/education/compassionate-care-course/>**

Books

Visiting the Elderly: A Guide for the Ministers of Care

by Linda Dayler



Whether a pastoral associate, secretary, hospital chaplain or priest, you need to send parishioners out to visit an elder parishioner who cannot come to church. But you also want your ministers of care - who are full of love and vigour - to be prepared, confident, and knowledgeable of what to expect when carrying out this important outreach. This short booklet is a resource you can give to ministers of care to instruct them on how to visit the elderly and/or sick in hospitals or homes. In it, they will find practical-based ABCs of visiting with suggested prayers, and very straightforward advice what to say or not say, and how to act. A page at the end is adaptable for writing down important local information, such as local phone numbers, agencies for referral.

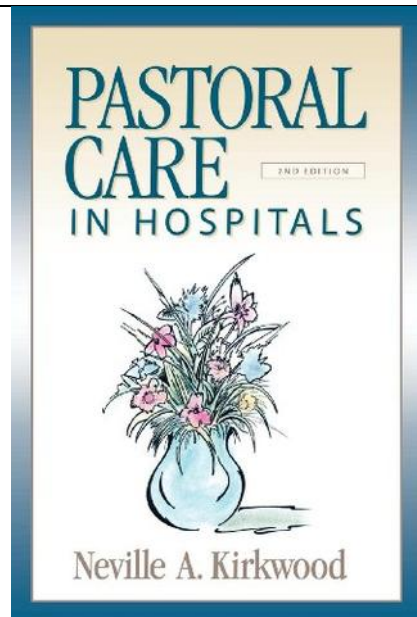
Publication date: 2018-08-01 ISBN: 9782896885874

To order the book:

<https://en.novalis.ca/products/visiting-the-elderly-1>

Pastoral Care in Hospitals, Second Edition

by Neville A. Kirkwood



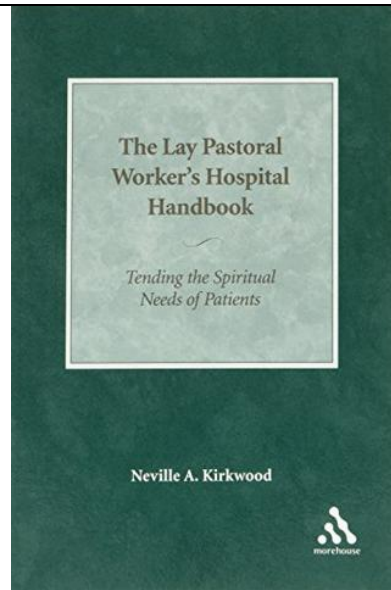
Bringing comfort and concern to the bedside of the sick or dying is a challenge for lay people and clergy alike. In this practical guide, Neville Kirkwood shares his wisdom—gleaned from some twenty years of experience as a hospital chaplain—on the art of hospital visitation. This classic handbook is now updated, with an all-new section addressing best practices for hospital chaplains. Pastoral Care in Hospitals, with additional sections addressed to clergy and trained lay pastoral workers, as well as ordinary lay people who simply want to visit their fellow parishioners, shows visitors ways to make the encounter meaningful and enriching to the patient. Kirkwood guides readers through the minefield of hospital visits—from false heartiness to too much talking—and offers a theology of visitation that can guide both professionals and laity in their ministry. A variety of exercises and a section of prayers for specific circumstances make this a must-have resource for all who work with the sick and dying, and an excellent text for course work.

Publication date: 2005-10-01 ISBN: 9780819221919

To order the book:

<https://en.novalis.ca/products/pastoral-care-in-hospitals-second-edition>

The Lay Pastoral Worker's Hospital Handbook: Tending the Spiritual Needs of Patients
by Neville A. Kirkwood



As Christians, each of us-clergy and lay alike-has a unique call to ministry. In many denominations today, lay people are responding to this call by tending to the spiritual needs of those who are sick and dying. Here is a practical guide to the art of hospital visitation for trained lay workers, written by a hospital chaplain with nearly twenty years' experience. With Jesus as theological model for lay workers in their ministry, the author presents practical approaches to hospital visits, with guidelines on such topics as awareness of patient needs, ministering in times of crisis, and the place of prayer in the hospital visit. In addition, lay workers will find a selection of prayers to offer in a variety of circumstances. Perfect guide and companion for those who minister to the sick.

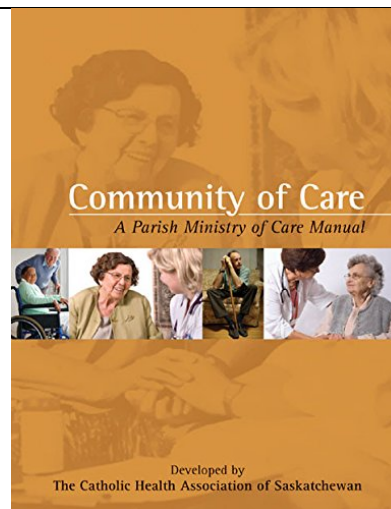
Publication date: 2005-10-01 ISBN: 9780819221902

To order the book:

<https://en.novalis.ca/products/the-lay-pastoral-workers-hospital-handbook-tending-the-spiritual-needs-of-patients>

Community of Care: A Parish Ministry of Care Manual

by Catholic Health Association of Saskatchewan



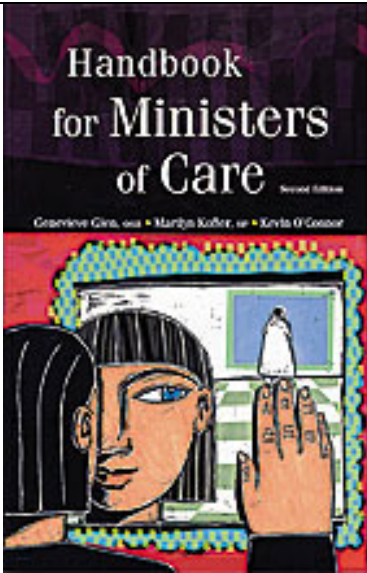
The Ministry of Care is directed to the “whole person”, recognizing and responding to the emotional, social, spiritual and physical needs with absolute respect for the dignity of each person. Now, this manual can help parishes develop their own systematic program to reach out to the sick and disabled in their own communities. This step-by-step process, designed through extensive experimentation in real parishes in Saskatchewan, can engage parishioners in this indispensable ministry to those around them. In the process, it will foster new enthusiasm for and commitment to parish life. Full of inspiring reflections, relevant Scripture passages, easy-to-follow instructions and guidelines, this resource can make the healing ministry of Jesus come alive in your parish

Publication date: 2010-06-30 ISBN: 9782896462216

For ordering/inquiries: please contact the Catholic Health Association of Saskatchewan at 306-955-2427 (CHAS) or catholicehealth@chassk.ca

Handbook For Ministers of Care

by Genevieve Glen, OSB, Marilyn Kofler, SP and Kevin E. O'Connor



This is a manual for those already involved in the ministry of care, and for those preparing to undertake this vital work. In these pages you will learn a theology of sickness and suffering, how the communion ritual works, practical advice on making pastoral visits, how to take care of yourself while caring for others and where to find further information about illnesses affecting those you visit.

ISBN: 9781568541020

CCCB Code: HBM-CR2 \$11.20 CAD

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