
DOMESTIC VIOLENCE RESOURCES IN MANITOBA

If you are experiencing domestic violence or family violence:

- Call the **provincial crisis line at 1-877-977-0007** or text 204-792-5302 or 204-805-6682 for support and shelter options. Free transportation to an emergency shelter is available.
- Victim Services has a range of supports available. Call 1-866-484-2846.
- See specific shelter information on pages 2 and 3.

Manitoba Emergency Contacts:

- Police Emergency - 911
- Winnipeg Police Non-Emergency - 204-986-6222
- Mobile Crisis Services - 204-940-1781 (General)
or 204-949-4777 (Youth)
- Manitoba Suicide Line - 1-877-435-7170

Protection Plan for People in Abusive Relationships:

- [protectionplan.pdf \(gov.mb.ca\)](#)

For a list of additional resources and support, please visit:

www.gov.mb.ca/msw/fvpp/resources.html

Counselling (Faith-based):

Daina Funk specializes in working with issues of domestic violence. Contact: 204-371-1555 or rooted.counselling@gmail.com (located in Steinbach, MB)

Please email mfl@archsaintboniface.ca to request a List of Other Therapists and Mentors who are Catholic, Christian & 'Catholic-Friendly'.

Domestic Abuse Counselling:

Domestic Abuse (Evolve) Counselling for Women: 204-784-4059

Domestic Abuse (Evolve) Counselling for Men: 204-784-4090

Plurielles (Free counselling service): 204-233-1735 ext 201 or 1-800-207-5874

Email: pluridg@pluri-elles.mb.ca Website: www.pluri-elles.mb.ca

Domestic Abuse Counselling (cont'd):

Chez Rachel: 204-925-2550 or Emergency: 1-800-668-3836

Email: admin@chezrachel.ca Website: www.chezrachel.ca/en/

Legal Aid:

Community Legal Education Association: 204-943-2382

www.communitylegal.mb.ca

Emergency Shelters

<p><u>Ikwe-Widdjiitiwin Inc</u> Box 1056, Winnipeg MB R3C 2X4 Phone: 204-987-2780 Email: admin@ikwe.ca</p>	<p><u>Willow Place Inc.</u> P.O. Box 1786, Winnipeg MB R3C 2Z9 Phone: 204-615-0313 Emergency: 204-615-0311 (24 hours) Email: reception@willowplace.ca</p>	<p><u>Eastman Crisis Centre Inc.</u> AKA Agape House Box 3130, Steinbach MB R5G 1P5 Phone: 204-326-6062 Emergency: 204-346-0028 Email: admin@agapehouse.ca</p>
<p><u>Nova House Inc.</u> Box 337, Selkirk MB R1A 2B3 Phone: 204-482-7882 Emergency: 204-482-1200 Email: info@novahouse.ca</p>	<p><u>Parkland Crisis Centre Inc.</u> P.O. Box 651, Dauphin MB R7N 2V4 Phone: 204-622-4626 Emergency: 204-638-9484 Email: pkndcris@mymts.net</p>	<p><u>Portage Family Abuse Prevention Centre Inc.</u> Box 1541, Portage la Prairie MB R1N 3P1 Phone: 204-239-5234 Emergency: 204-239-5233 Email: director@abuseprevention.ca</p>
<p><u>South Central Committee on Family Violence Inc.</u> AKA Genesis House Box 389, Winkler MB R6W 4A6 Phone: 204-325-9957 Emergency: 204-325-9800 Email: sccfv@genesis-house.ca</p>	<p><u>The Pas Committee for Women in Crisis Inc.</u> AKA Aurora House Box 3779, The Pas MB R9A 1S4 Phone: 204-623-7427 Emergency: 204-623-5497 Email: auroratr@mts.net</p>	<p><u>Thompson Crisis Centre Inc.</u> Box 1226, Thompson MB R8N 1P1 Phone: 204-677-9668 Emergency: 204-778-7273 Email: tcc9668@mymts.net</p>
<p><u>Y.W.C.A. Westman Women's Shelter</u> 148, 11th Street, Brandon MB R7A 4J4 Phone: 204-727-3644 Email: execdirbdn@wcgwave.ca</p>		

Second Stage Programs:

<p><u>Alpha House Project Inc</u> Box 37015 RPO, Wpg. MB R2M 5R3 Phone: 204-982-2011 Email: executivedirector@alphahouseproject.ca</p>	<p><u>L'Entre-temps des Franco-Manitobaines Inc.</u> AKA Chez Rachel Box 183, Winnipeg MB R2H 3B4 Phone: 204-925-2550 Emergency: 1-800-668-3836 Email: admin@chezrachel.ca</p>
<p><u>Samaritan House Ministries Inc.</u> AKA Mary's House 820 Pacific Ave Brandon MB, R7A 0J1 Email: wcmh@samaritanhouse.net</p>	<p><u>Bravestone Centre Inc.</u> P.O. Box 202, St. Norbert MB R3V 1L6 Phone: 204-275-2600 Email: info@bravestonecentre.ca</p>