





HOUSEHOLDS OF FAITH

What is it?

- A gathering of 2 to 4 couples
- Meet regularly (weekly or monthly) in homes, parishes, or online
- Simple gatherings of prayer, Scripture, and friendship

Why Couples HOF?

- Grow as husband and wife in faith and holiness
- Strengthen communication and spirituality in marriage
- Support and encourage one another through struggles and joys
- Live as a "domestic church" and witness Christian love to one another

What happens at a gathering?

- Welcome and connection
- Read the Sunday Gospel (or another Scripture)
- Share how God is speaking through the Word
- Pray together as couples and for each other

Invitation

- Start with a couple you know, or invite another couple new to your parish
- Keep it simple
- You will be blessed by the experience!



