



2022-2023 - Local & Remote Marriage Preparation Options

LOCAL OPTIONS

1) *For Better & Forever* – with local Sponsor Couples (various parishes)

Many parishes have sponsor couples that can offer the *For Better & Forever* program. This is a 'mentorship based' program, where an engaged couple is matched with a sponsor couple from their parish. They meet during 5-6 sessions at times that work for both of the couples' schedules. While sessions are typically offered in person at the sponsor couple's home, it may also be possible to connect remotely by choose an online meeting platform that works for both couples. Cost: \$125 (cheques are payable to *CACR of St. Boniface*) – this includes the books which are available at the Archdiocesan Centre.

* *Engaged couples should verify with their parish if this is an option for them!*

2) *Better Together* – 6-week online program: November – December 2022

This great online program from *Dynamic Catholic* is offered through the support of the Marriage, Family and Life Office of the Archdiocese. The program runs on Tuesday evenings from 7 - 9 pm, from November 8 to December 13, 2022; online via TEAMS (- with the possibility of having an in person get-together, depending on COVID protocols). Registration deadline: November 1st, 2022. Cost: \$150. Info: www.bit.ly/BTFall22. Questions & Registration: shawnda@mmoc.ca.

3) *MMOC Weekend Session* – in-person & online: April 14-15, 2023

Weekend sessions are offered by members of the marriage preparation team at Mary, Mother of the Church, a parish located in the South end of Winnipeg. The next session will take place on April 14-15, 2023 ; the format will be a mix of in-person & online. Cost: \$150. Info and registration: 204-261-1579 ext.1 / admin@mmoc.ca.

OTHER OPTIONS

4) REMOTE/ONLINE Program:

CatholicMarriagePrep.com: www.catholicmarriageprep.com

The engaged couples journey with an instructor couple through a program that incorporates teachings on Theology of the Body. The program is offered in English, French, and Spanish. Cost: \$194 USD/couple (approx. \$250 CAD.)

5) VIDEO Programs - ***should be done with a pastor or other pastoral support:***

First Option – *Beloved*: <https://watch.formed.org/beloved-finding-happiness-in-marriage>

This program is available on Formed.org, a Catholic media website which hosts many movies and Catholic video programs. *Beloved* is accessible on this website with a membership. (Free trial for 7 days and then \$10 USD [approx. \$15 CAD]/month; several parishes offer a free FORMED subscription to their parishioners.)

Couple's Guides are approx. \$45 USD (approx. \$60 CAD) and can be purchased through the link provided.

* *The DVD set is also available FREE through the [Archdiocesan Resource Library](#).*

Second Option – Joy Filled Marriage: www.ascensionpress.com/collections/joy-filled-marriage

This program has a particular focus on Theology of the Body (taught by Christopher West). With the purchase of 1 'Couple's Set' (\$55 USD – approx. \$75 CAD), couples gets 1 'Group Study Credit' which allows them online access to the videos via Ascensionpress.com. Pastors/pastoral support will need to get a 'Leaders' Set' (\$70 USD – approx. \$95 CAD), which will also grant them a 'Group Study Credit' to access the videos online.

** The DVD set is also available for FREE through the [Archdiocesan Resource Library](#).*