

# ADDICTIONS RESOURCES

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## **Manitoba Addictions Helpline**

1-855-662-6605

## **24-Hour Problem Gambling Helpline Toll-Free**

1-800-463-1554

For a list of additional resources and support, please visit: [www.afm.mb.ca/contact](http://www.afm.mb.ca/contact)

## **Manitoba Alcoholics Anonymous**

[204-942-0126](tel:204-942-0126) In Winnipeg

Toll Free [1-877-942-0126](tel:1-877-942-0126) In Rural Manitoba

Website: [www.aamanitoba.org](http://www.aamanitoba.org)

e-Mail: [aambco@mts.net](mailto:aambco@mts.net)

## **Manitoba Al-Anon**

204-943-6051

Website: [www.mbnwo-alanon.org](http://www.mbnwo-alanon.org)

e-Mail: [al-anon-enquiries@mymts.net](mailto:al-anon-enquiries@mymts.net)

## **Counselling (Faith-based):**

**Danielle Grenier**, Catholic Social Worker, with experience with issues related to substance abuse. (located in Steinbach, MB)

**Contact:** 204-380-9228 or [daniellegreniercounselling@gmail.com](mailto:daniellegreniercounselling@gmail.com)

Please email [mfl@archsaintboniface.ca](mailto:mfl@archsaintboniface.ca) to request a List of Other Therapists and Mentors who are Catholic, Christian & 'Catholic-Friendly'.

## **Web-based Resources:**

**"Catholic in Recovery"** is a nonprofit organization that seeks to serve those suffering from addictions and unhealthy attachments: [Catholic in Recovery | Sharing the Good News of God's Mercy](#)

**STRIVE 21 - Detox Program:** [www.strive21.com](http://www.strive21.com)

Recovery and Support program for those struggling with pornography

**Fight the New Drug:** <https://fightthenewdrug.org/>

Organization that provides individuals the opportunity to make an informed decision regarding pornography by raising awareness on its harmful effects using science, facts, and personal accounts.