

WHAT ARE SOME THINGS A PARISH MARRIAGE, FAMILY & LIFE TEAM CAN OFFER?

MARRIAGE

- Provide Marriage Preparation for engaged couples
- Facilitate or encourage participation in Marriage Retreats
- Offer couples' enrichment evenings/events
 - *Table for Two* (dinner and couples' facilitated discussions)
 - DVD series for couples (*Theology of the Body*, *Beloved Series*, etc)
- Host a World Marriage Day Celebration (Renewal of vows at Mass, couple's testimony)
- Host a speaker on a chosen topic (love languages, communication, forgiveness)
- Offer Marriage support and resources for couples

FAMILY

- Facilitate Men's or Women's fellowship events
- Host Family Movie Nights with discussion and fellowship
- Offer Natural Family Planning and Fertility Awareness information and events
- Host a speaker on a chosen topic (parenting, raising families in Faith, prayer as a family)
- Offer workshops and events to encourage and help parents
- Promote family prayer & adoration of the Blessed Sacrament
- Organize a family food bank/soup kitchen event


LIFE

- Host a speaker to present on Pro Life apologetics, Euthanasia, Advance Care Directives
- Promote 40 Days for Life
- Organize a baby clothing drive to support new mothers through the Crisis Pregnancy Centre
- Plan/host an event for the National Week for Life and the Family
- Participate in the Annual March for Life
- Encourage Life's Vision's initiatives
- Offer a young mothers' fellowship event
- Provide resources for Rachel's Vineyard (healing after abortion)

WHAT IS A PARISH MARRIAGE, FAMILY & LIFE (MFL) TEAM?

- ⇒ A Parish MFL team helps support and strengthen couples and families by offering programs and resources that foster an authentically Catholic vision of marriage, family, and the dignity of life at the Parish level, for the Parish Community.
- ⇒ A Parish MFL team works with the support and guidance of the Archdiocese of Saint Boniface Marriage, Family & Life Service, along with the Parish priest or Parish Life Director.





HOW CAN YOU FORM a
**MARRIAGE, FAMILY & LIFE
TEAM IN YOUR PARISH?**

If you are interested in creating a team in your parish, or if you have any questions, please contact:

Sophie Freynet-Agossa:
(204) 594-0274
mfl@archsaintboniface.ca

Nadine Fetherston:
(204) 594-0295
mfl2@archsaintboniface.ca

We are passionate about our ministry and are excited to help support your parish to form your own Marriage, Family & Life Team!

**Archdiocese of Saint Boniface:
Marriage, Family and Life Service**

151 de la Cathédrale Avenue,
Winnipeg, Manitoba R2H 0H6
(204) 594-0274/(204) 594-0295
mfl@archsaintboniface.ca
mfl2@archsaintboniface.ca



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PARISH Marriage, Family & Life TEAMS



Supporting Marriages
Nurturing Families
Upholding Life



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