



Creighton Model **FertilityCare** System and NaPro**TECHNOLOGY**®

The **FertilityCare** System teaches a woman and couple to identify the fertile and infertile days in her cycle using the Creighton Model. The couple then uses this information to plan or avoid a pregnancy. The System is based on the observation and tracking of physical signs a woman has when she is fertile. The **FertilityCare** System has a 99.6% degree of effectiveness to avoid pregnancy and a very high degree of accuracy in achieving pregnancy. As an additional benefit, couples report that their communication increases. Women express appreciation that this method also involves the couple and that it helps her to understand her body.

Through NaPro**TECHNOLOGY**®, a reproductive science that has its roots in the CREIGHTON MODEL **FertilityCare** System, trained medical consultants can assist women with infertility, repeated miscarriages, PMS, ovarian cysts, menopause, and a variety of reproductive issues. The standardized charting provides a tool to identify indicators of problems. When these are identified, treatments can be prescribed that are founded in an understanding of what is actually occurring in the woman's cycle.

The **FertilityCare**™ System provides new hope for couples who are going through the experience of infertility or low fertility. Not only does this system inform couples of when they are most fertile, it also aids in identifying factors that may be contributing to infertility. Women no longer rely on the calendar to determine where they are in their cycle resulting in more accurate diagnostic testing.

*Please note: Couples will receive the **Introductory Session** to the Creighton Model **FertilityCare** System and NaPro**TECHNOLOGY**® at the Fertility Health Awareness Seminar. Further follow-up sessions will be necessary to continue learning the System after the Seminar (at cost to the couple).*

Presenter at the Fertility Health Awareness Seminar:

Alison Sanders, MN, RN(NP), NFPNPI, FCPI

Telephone: 204-771-5114

Email: sanders_alison@hotmail.com

Web: www.creightonmodel.com / www.naprotechnology.com