

# WHAT IS A PARISH MARRIAGE, FAMILY & LIFE (MFL) TEAM?

- ⇒ A Parish MFL team
  helps support and
  strengthen couples and
  families by offering
  programs and resources
  that foster an
  authentically Catholic
  vision of marriage, family
  and the dignity of life at
  the Parish level, for the
  Parish Community.
- ⇒ A Parish MFL team works with the support and guidance of the Archdiocese of Saint Boniface Marriage, Family & Life Service, along with the Parish priest or Parish Life Director.

### WHAT ARE SOME THINGS A PARISH MARRIAGE, FAMILY & LIFE TEAM CAN OFFER?

### **MARRIAGE**

- Provide Marriage Preparation for engaged couples
- Facilitate or encourage participation in Marriage Retreats
- Offer couples' enrichment evenings/events
  - Table for Two (dinner and couples' facilitated discussions)
  - DVD series for couples (Theology of the Body, Beloved Series, etc)
- Host a World Marriage Day Celebration (Renewal of vows at Mass, couple's testimony)
- Host a speaker on a chosen topic (love languages, communication, forgiveness)
- Offer Marriage support and resources for couples

### **FAMILY**

- Facilitate Men's or Women's fellowship events
- Host Family Movie Nights with discussion and fellowship
- Offer Natural Family
   Planning and Fertility
   Awareness information and events
- Host a speaker on a chosen topic (parenting, raising families in Faith, prayer as a family)
- Offer workshops and events to encourage and help parents
- Promote family prayer & adoration of the Blessed
   Sacrament
- Organize a family food bank/soup kitchen event

### LIFE

- Host a speaker to present on Pro Life apologetics, Euthanasia, Advance Care Directives
- Promote 40 Days for Life
- Organize a baby clothing drive to support new mothers through the Crisis Pregnancy Centre
- Plan/host an event for the National Week for Life and the Family
- Participate in the Annual March for Life
- Encourage Life's Vision's initiatives
- Offer a young mothers' fellowship event
- Provide resources for Rachel's Vineyard (healing after abortion)



## HOW CAN YOU FORM a MARRIAGE, FAMILY & LIFE TEAM IN YOUR PARISH?

If you are interested in creating a team in your parish, or if you have any questions, please contact:

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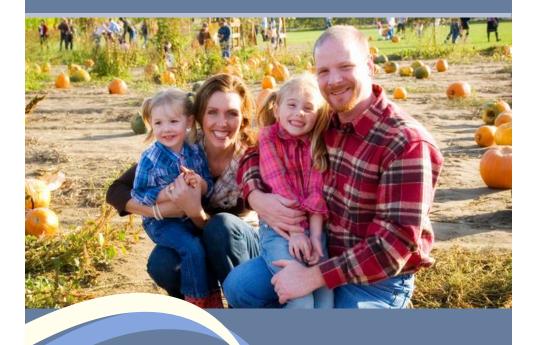
We are passionate about our ministry and are excited to help support your parish to form your own Marriage, Family & Life Team!

### **Archdiocese of Saint Boniface: Marriage, Family and Life Service**

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# PARISH Marriage, Family & Life TEAMS



Supporting Marriages

Nurturing Families

Upholding Life